



Utah Association of Family and Consumer Sciences

An Affiliate of the
American Association of
Family and Consumer Sciences

Volume 2008, Issue 1

April 2008

UAFCS President's Message — Debbie Proctor

It's the beginning of an exciting new year. This year we celebrate the 100 year history of AAFCS. Some of us are old enough to remember our association as AHEA. Just like many other things in life, names change, but what we represent as an association and a discipline remains the same.

It is a wonderful time to be involved in Family and Consumer Sciences. We have an impressive history and the opportunity to build an exciting future. We have seen many changes in our field through the years. As much as things change, the subject matter of Family and Consumer Sciences is as important today as it was 100 years ago—Foods and Nutrition, Housing and Interiors, Family Economics and Home Management, Clothing and Textiles, and

Family Relations and Child Development.

The past couple of years have been a time of family transition for me, from one stage in life to another. My parents moved in with us seven years ago. My mother passed away two and a half years ago and my father joined her this past December. It is an interesting life change to think of being the oldest generation in your family. I also joined the ranks of having a married daughter. I wish I could ask my mother for a few more words of advice.

Let's get ready to celebrate our profession's rich heritage at our Utah-AAFCS 100 year Celebration, November 7th & 8th, 2008 at Thanksgiving Point. We invite all of you to join us. The conference committee has some great activities planned. It will be a perfect time to renew friendships and make new ones. Last

November at our annual meeting, our association's vice presidents presented us with new and emerging technologies that can enhance our lives and work responsibilities. I have benefited immensely from the friendships and information from that meeting.

As we remember our past and celebrate our future, let's recommit ourselves to making a difference for future generations, just as those before us, did for us.



U A F C S



... at the heart of the home & beyond

1909-2009 **uafcs-aaafcs** CENTENNIAL CELEBRATION
Shaping the future for individuals, families and communities

U A F C S



... at the heart of the home & beyond

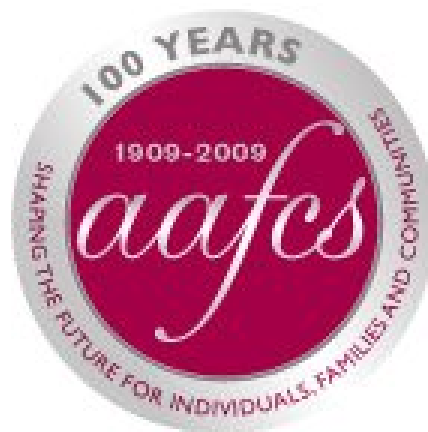
Get ready to celebrate our profession's rich heritage.
Mark your calendars and invite your colleagues to

Our Utah-AAFCS 100 Year Celebration!

Our celebration is scheduled for
Friday, November 7th, 2008
at Thanksgiving Point,
just off of I-15 at the Lehi/Alpine Exit in Utah County.

The following Saturday, November 8th, 2008 will be filled with workshops & more. All who have been a part, or who have ever served in the profession in any way, are invited to attend.

This includes: FCS Teachers, FCCLA Students, FCS Majors and/or Graduates, FCS Professionals in the Home, FCS University Professors past & present, FCS Extension Agents, FCS Professionals in Business, and FCS Retired Professionals.



As we celebrate the centennial of our profession, let's take a minute to look back at some moments from our early beginnings.



The Domestic Science Building at Utah Agricultural College (Utah State University) in Logan, Utah around 1912. (Photo USU Library Special Collections)



Snow College (now the Noyes Building at Snow College) in Ephraim, Utah around 1910 where classes in Home Economics were taught. (Photo Snow College School Relations Special Collections)



A group of women outside the Domestic Science Building of the Branch Normal School (Southern Utah University) in Cedar City, Utah around 1905. (Photo SUU Gerald R Sherratt Library Special Collections)



The Science Building (now the Braithwaite Building) at the Branch Agricultural College (SUU) in Cedar City, Utah around 1911, where classes in Home Economics were taught. (Photo SUU Gerald R Sherratt Library Special Collections)



Brigham Young Academy Building (now the Provo City Library) at Brigham Young University in Provo, Utah where around 1895 classes in Domestic Science were taught. (Photo BYU Harold B Lee Library Special Collections)



The Missionary and Preparation Building at Brigham Young University where Domestic Science classes were taught around 1905. (Photo BYU Harold B Lee Library Special Collections)



A 1902 Domestic Science Ironing Class in the basement of the north wing of Old Main at Utah State University. (Photo USU Library Special Collections)



A 1920s foods class at the Branch Agricultural College (SUU) in Cedar City, Utah making cakes with the use of cooking burners. (Photo SUU Gerald R. Sherratt Library Special Collections)



Students making bread in a foods class at the Branch Agricultural College (SUU) in Cedar City, Utah in 1920. (Photo SUU Gerald R. Sherratt Library Special Collections)



Students in a sewing class at the Branch Normal School (SUU) around 1905. Some are sewing by hand, others on sewing machines. (Photo SUU Gerald R. Sherratt Library Special Collections)



Female students in the Home Economics Club at Utah Agricultural College (Utah State University) gather for a Football Rally in 1917. (Photo USU Library Special Collections).



A 1938 fashion show from clothes made in a clothing and textiles class at Brigham Young University. (Photo BYU Harold B Lee Library Special Collections)



BYU Cooking Class in 1904 on the top floor of the Missionary and Preparatory Building in the Domestic Science Department. Note the coal stove at left. (Photo BYU Harold B Lee Library Special Collections)



A BYA (BYU) Sewing Class of 1896 in the Domestic Science Department under the direction of Susa Young Gates and Leah Dunford (Widstoe). (Photo BYU Harold B Lee Library Special Collections)



Domestic Science Foods Class in 1926 at Ricks Normal School (BYU-Idaho) in Rexburg, Idaho. Check out the hairnet hats. (Photo BYU-Idaho David O McKay Library Special Collections)



Weaving looms bought by the BYU Alumni Association in 1952 as a financial aid to students who wove and sold fabrics. President Ernest L. Wilkinson (Center) W. Cleon Skousen (Far Right) (Photo BYU Harold B Lee Library Special Collections)



Child Development Nursery in the home economics building at Cornell University in 1920. (Photo Cornell University Library Archives)



Students in interior design in 1924 try to select an appropriate drapery fabric for the parlor of the practice apartment in "The Lodge." (Photo Cornell University Library Archives)



Program from the first annual meeting of the American Home Economics Association, 1908-1909. (Photo AAFCS)



American Home Economics Association 50th Anniversary Luncheon with Mrs. Franklin D. Roosevelt as the Luncheon Speaker. (Photo AAFCS)



Cooking demonstration, by an extension leader, at Utah State University in Logan, Utah, around 1915. (Photo USU Library Special Collections)



20th Anniversary Banquet of the American Home Economics Association in July 1929, at the Hotel Statler in Boston, Massachusetts. (Photo AAFCS)



The first Extension car, used in 1913 at Cornell University. Used for Extension trips before Home Bureaus were organized. (Photo Cornell University Library Archives)



Local New York Extension Leaders in 1914 drilling in outdoor physical exercise, dressed in their middies and bloomers. (Photo Cornell University Library Archives)

evolving TECHNOLOGY:

IMPACT ON INDIVIDUALS, FAMILIES AND COMMUNITIES

AAFCS 99th Annual Conference & Expo • June 19 - 22, 2008 | Milwaukee, WI



Join AAFCS in Milwaukee in 2008!

With the rapid development and prevalence of new technology, breakthrough research and creative strategies are needed to help individuals, families, and communities reap the benefits of technology while avoiding potential dangers and risks. What steps can consumers take to improve the safety of online banking? How can parents and educators reduce cyberbullying among teens? What are the new developments in food biotechnology? How can

renewable energy be incorporated into homes and communities? The 99th Annual Conference & Expo, *Evolving Technology: Impact on Individuals, Families, and Communities*, will provide the ideal forum for family and consumer sciences and allied professionals to address these pressing issues and related topics of interest.

As a 99th Annual Conference & Expo attendee, pre-

sender, leader, exhibitor, or sponsor, you'll have the opportunity to continue making valuable contributions to the near 100-year history of AAFCS, network with colleagues, mentors, or potential clients, and advance your professional development. Be sure to visit the following web page often for up-to-date Annual Conference information: <http://www.aafcs.org/meetings/08/index.html>.

**A National
AAFCS
Annual
Meeting
you won't
want to
miss!**



UAFCS Members to Present at AAFCS Annual Meeting

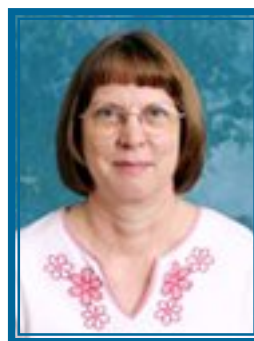
Kathy C. Croxall, PhD, CFCS; **Rea R. Gubler**, MEd, CFCS; and **Artis P. Grady**, MEd, RD, CD, CFCS-HNFS; UAFCS members and professors at Southern Utah University will present at the upcoming American Association of Family and Consumer Sciences 99th Annual Conference & Expo, June 19-22 in Milwaukee, Wisconsin.

Together they will present an educational session ti-

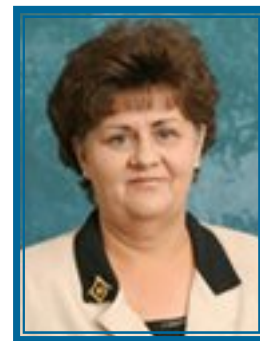
tled, "Becoming a Bona Fide Tech-y: Tools to Improve Technological Literacy Among Educators."

Kathy Croxall and colleague Richard Carlson will also present an educational session titled, "Nanotechnology and Textiles - Examining the Social, Ethical, and Safety Issues."

Artis Grady and her student Jana Houston will be presenting a poster session



Kathy C. Croxall



Rea R. Gubler

titled, "Dietary Behaviors of Preschool Children in a Culturally Homogeneous Rural Community."

Thank you for representing UAFCS as well as SUU!



Artis P. Grady

JUST LIKE GRANDMA USED TO MAKE

Savory vegetable beef soup, chewy oatmeal cookies that smelled like vanilla, pickled beets with just the right amount of sweetness, and tiny pearl onions in homemade mustard pickles. Even though it has been over forty years since I ate those foods, the tastes and aromas linger in my memory. They conjure up the image of a warm, cozy, cheerful kitchen with yellow tiles on the backsplash. I wish that I could once again taste those foods, but alas, the secret to making them was gone with my grandmother in 1967. They are part of my heritage that I cannot recreate.

What images of my kitchen and its taste delights will my children and grandchildren remember? Sweet and sour beef stew with poppy seed noodles for special family dinners, apple pie baked in a brown paper bag, homemade caramels or Christmas Carol rolls during the holidays. Was I going to leave

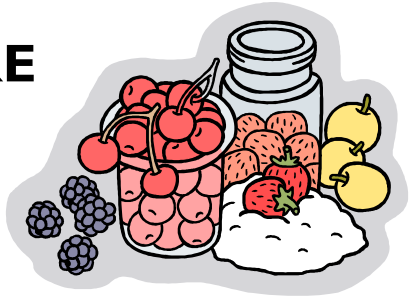
my family unable to recreate those foods? Just like no one has been able to duplicate my grandmothers pickled beets even though several of her descendants have tried.

My grandmother didn't follow a recipe; she just cooked. I'm inclined to cook the same way. However, several years ago I took it upon myself to try to write down what I do and make a family recipe book. I guesstimated measurements and thought through the methods used. I put it all down on paper and gave to my children for Christmas. Oh, how I wish I had that from my Grandmother.

If you are a member of today's mother or grandmother generations, perhaps this column will serve as the motivation you need to do something similar for your family. If you are younger and fortunate enough to still have your mother or grandmother available, perhaps you'll take it

upon yourself to prod them for recipes, or stand by them and make notes as they prepare family favorites. If you are a teacher, an excellent assignment for students in a foods class might be to do an oral history of recipes and cooking techniques of a relative or family friend. The generation who lived through the Great Depression, who learned to "use it up, wear it out, make it do, or do without" are advanced in age and will soon be gone from us. Have we learned what we need to learn from them?

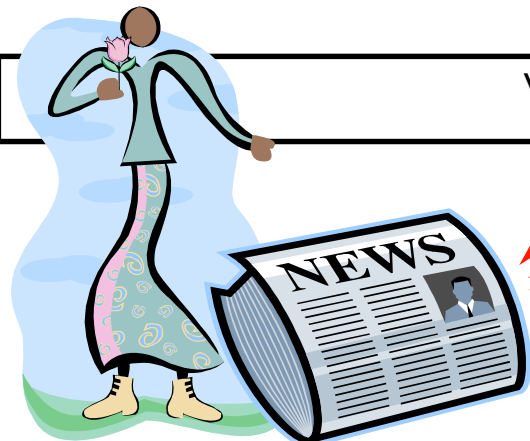
While fast food, prepackaged items, or heat-and-serve are common fare today, there is still a place for nostalgia and comfort in occasional meals of tried and true family favorites. As the Centennial year of the American Home Economics Association is celebrated, let us learn from our history and leave a legacy for generations to come.



"If you are a teacher, an excellent assignment for students in a foods class might be to do an oral history of recipes and cooking techniques of a relative or family friend."



Submitted by—
Artis P. Grady, MEd, RD,
CD, CFCS-HNFS,
Utah Association of Family
& Consumer Sciences,
Food and Nutrition
Subject-matter Chair



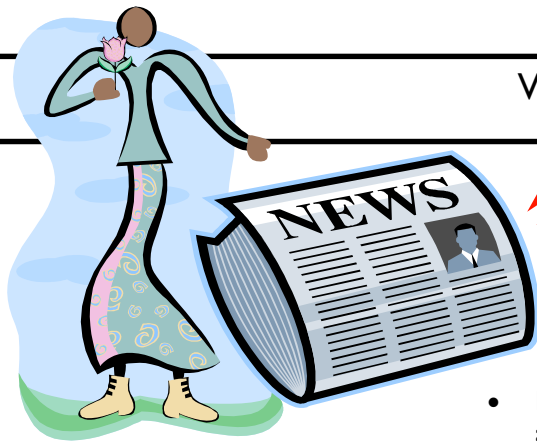
NEWS ABOUT YOU

We asked for news about you.
Here is what we learned.

- **Tami Higbee** graduated from Utah State University in May 2007. She was married the very same month. Tami is now teaching her first year at Orem Junior High in Alpine School District. Welcome to the profession Tami!
- **Kay Morgan** at Murray High School has had great success with her first year ProStart occupational foods class. ProStart affiliates with the State and National Restaurant Association and helps students gain culinary skills that the foods industry is looking for. Kay's first ever ProStart competition team practiced diligently and competed at the State Competition (along with many other schools) in March at the Sheraton Hotel. Using only two butane burners on two six-foot tables (with no running water, no ovens, and no electricity) they created a gourmet meal in exactly one hour! Teams also had a chance to work with local chefs. Kay is extremely proud of her team and can't wait for next year!
- **Tami Flygare** at Fort Harriman Middle School and **Debra Fisher** at South Hills Middle School in Jordan School District are in the process of finishing their Masters of Arts in Teaching degree from National University and have sent in their portfolios for National Board Certification in CTE. They will finish classes in May and graduate in July in San Diego. Tami is taking her whole family with her to her graduation to enjoy a week in the sun. She is looking forward to using

extra time afterwards to start scrapbooking again! Debra and her husband will also be traveling to San Diego. Congratulations!

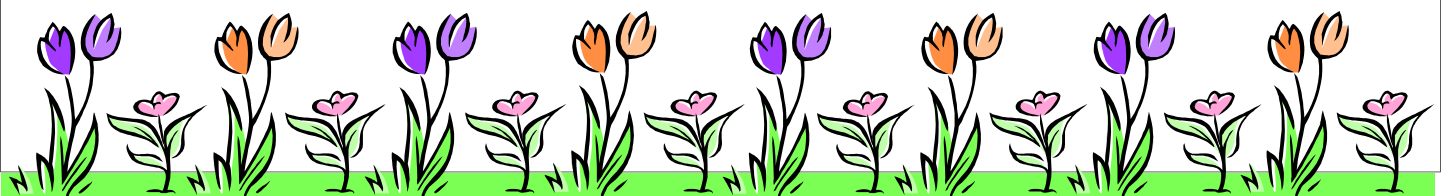
- Congratulations also to **Rebecca Kendall** who finished her Master's degree from Utah State University in Instructional Technology in December, 2007. Becky teaches at Mount Logan Middle School in Logan School District.
- **Nancy Fidler's** son Jonathan Fidler, is running for the Utah State Senate from District 5. District 5 covers some of West Valley City, Taylorsville, and Kearns. Nancy teaches at West Lake Junior High in Granite School District.
- **Maribeth Clarke's** brother, Carlton Christensen (currently a Salt Lake City Councilman) is also running for the Utah State Senate from District 1. District 1 covers Rose Park in Salt Lake City and the other part of West Valley City. Perhaps these political aspirations are coming from some great Family and Consumer Sciences' influence in the home. And, who knows, their political connections just might come in handy!
- **Kristen (Wilkinson) Kohler** from Mountain High in Davis School District just received her Masters of Education Degree from Weber State University in December. She and her husband went through their master's program and graduated together. They are also expecting their second baby, a girl, in June. That's two monumental achievements, Kristen!
- Last December, **Katie Borgmeier**, who teaches at River-ton High in Jordan School District finished her Masters of Science degree from Utah State University in Agricultural Systems Technology with an emphasis in Family and Consumer Sciences Education and Extension. Way to go Katie!
- **Laurie Hansen** will be transferring to the new Salem Hills High School in Nebo School District which will open this August. She is excited to be back in the high school arena, after having taught at Mount Nebo Junior High this year, and at Carbon High School for many years before that.
- After almost 30 years in the Granite School District, **Sherry Marchant** has accepted a new position at the Utah State Office of Education as the "Career Connections Specialist." Sherry taught FACS in the classroom for 18 years and then worked in the Granite District CTE Office for almost 12 years. She misses the association with our great FACS teachers, but is enjoying her new experience as she supervises CTE Introduction, Work-based Learning, and Nontraditional programs across the state. Sherry's heart is still and will always be with Family and Consumer Sciences and the vital skills and information we offer in our programs, for we are "wonderful and devoted people."



More News About You

(continued from page 9)

- **Marilyn Albertson** has been appointed to be the County Director of the Salt Lake County Office of Utah State University Extension. She has long served as the FCS Extension Agent there with responsibilities for FCS programming in Housing, Finance, Family Resource Management and 4-H. Her administrators have reduced her programming time a little bit to accommodate her new responsibilities.
- **Mary Lou Rumel** at Midvale Middle School in Jordan School District has joined in earnest her family's "Biggest Looser" challenge. Her goal is to go to the gym six days a week, for 40 minutes of cardio workout. She is doing it, not only for herself but to help her teach the fitness part of My Pyramid. Way to Do It, Mary Lou!
- **Shaylene Parry** and her Ogden High School FCCLA Chapter have received recognition as the runner-up to the National FCCLA Financial Fitness Program Award. They will be honored in July at the National FCCLA Leadership Convention in Orlando, FL. Shaylene's chapter received the State Financial Fitness Award in March at the state FCCLA Leadership Meeting. Shaylene, a great advocate of the America Saves Program, has done a wonderful job instilling in her students, the value of "saving."
- **Kathy Croxall**, associate professor at SUU has been serving as vice president of the College, University and Research Community of AAFCS. As part of this position, Kathy oversees the research poster sessions and oral research presentations at the AAFCS Annual Meeting.
- **Marianne Pallas** was named "Educator of the Month" in March at Lone Peak High in Alpine School District. Marianne graduated from Utah State University in Family and Consumer Sciences Education in December. She has taught this past year as an eminence (hourly) Foods teacher at Lone Peak High School on "A days," and as a long-term substitute teacher at Orem Junior High School on "B days." Lucky is American Fork High School who hired Marianne full-time for the upcoming school year!
- **Allissa Jamie Huffaker** a senior at Springville High School has been named as the Family and Consumer Sciences winner of the Deseret Morning News and KSL Television Wasatch Front 2008 Sterling Scholar. Runners-up are **Tasia Landon** of Lone Peak High School and **Kylee Watson** of Riverton High School. Kylee also recently received the Arlou Vance Memorial Scholarship at the State FCCLA Meeting. Kylee's mother **Jana Pendleton** is a FACS teacher at Riverton High in Jordan School District. UAFCS congratulates these three deserving senior students.
- **Chloe Merrill**, a Child and Family Studies Professor, at Weber State University has recently completed her tenure on the AAFCS Council for Accreditation Task Force. She finished this responsibility just in time to begin service as a newly elected member of the National Council on Family Relations (NCFR) Board of Directors. In the meantime, Chloe has kept herself busy writing five chapters in the seventeen series Professional Women's Network books. These chapters are: "Managing Personal Stress" in *Self-Esteem and Empowerment for Women* - Book III; "Loving Yourself! Taking Care of Your Body" in *You're on Stage! Image, Etiquette, Branding & Style* - Book V; "10 Strategies for Increased Self-Esteem" in *Women's Journey to Wellness: Mind, Body & Spirit* - Book VI; "Road Map To Transforming Life's Pathways" in *Women's Survival Guide for Overcoming Obstacles, Transition & Change* - Book X; "You, The Leader: Building Better Relationships" in *Women as Leaders: Strategies for Empowerment & Communication* - Book XI. To deal with her own stress, Chloe is enjoying her current sabbatical leave from Weber State University during Spring Semester and is looking forward to an upcoming Panama Canal cruise.



A Tribute to Jan Preston



Janet Preston
1933 — 2008

Janet Preston devoted 30 plus years as a Family and Consumer Sciences professional with 22 years as a teacher educator at Utah State University where she was a wonderful example to hundreds of students. Jan was influential in beginning the CHEC (Consumer and Home Economics Careers) program, the TLC (Teen, Life, Careers) program, the Adult Roles and Responsibilities curriculum, and many other innovative Family and Consumer Sciences pursuits. She was a model professional, serving as our UAFCS President, belonging to all FACS professional organizations, and always doing more than her share of promoting the profession at the state and national level.

Martha Janet Eggen Winters Preston passed away, Wednesday, March 12, 2008 at her home in Logan, Utah after fighting ovarian cancer for the past 4 ½ years. She was born May 8, 1933, in Colusa, California to Silas Tellekamp and Virginia Burnham Eggen.

Jan graduated from Logan High School in 1951 and attended Utah State University, graduating in 1955. She taught at the University of California at Berkeley, San Francisco State, San Jose State, and obtained her master's degree from the University of Utah. She then continued her education and obtained her Doctorate Degree from Colorado State University, graduating in 1981.

Jan married Stanley C. Winters and from this union came three children. They were later divorced. She then married George (Judd) W. Preston, and added his three children to her family. Jan was an active member of The Church of Jesus Christ of Latter-day Saints. She also was a member of Soroptimist International, Daughters of the Utah Pioneers, and the American Legion Auxiliary.

Of Jan, others have said, "She was a colleague, a champion for her students, a leader for her chosen field . . . (we are) fortunate to have received her warm friendship and to have been touched by her sweet manner."

"I am where I am today, because of Jan. She believed in me and looked beyond my quiet facade. She helped me to see my true potential as a teacher. I love what I do and I owe it primarily to her."

"I remember Jan for the confidence she had in me. She brought out my very best."

"Her spirit knew no bounds. Her legacy is one of a superb teacher. She will be sorely missed. But, she taught us lessons that will continue to teach us still."

"I will never forget the time at a national conference when Jan took me aside, befriended me, and offered me some much needed support at a difficult time. She had a special way of making situations better when she was around."

Jan was a mentor to many and a friend to everyone she knew. She shared with us her love and enthusiasm for life. She was beautiful. We will miss you, Jan!



Newly Updated National Standards for Family and Consumer Sciences Education

The National Association of State Administrators for Family and Consumer Sciences Education (NASAFACS), an affiliate of the Family and Consumer Sciences Education (FACS) Division of the Association for Career and Technical Education (ACTE), first began development of national standards for family and consumer sciences in May 1995. The project to develop national standards created an atmosphere that celebrated the variety that exists among state philosophies and blended multiple approaches to standards and educational delivery systems. The resulting work became a powerful tool for showcasing the movement from home economics, with an emphasis on technical homemaking skills, to Family and Consumer Sciences Education, with its focus on broader family and society issues, and provided significant new direction for the field. For the last decade, the National Standards for Family and Consumer Sciences Education (NASAFACS, V-TECS

1998) has provided a strong and clear conceptualization and a common direction for Family and Consumer Sciences Education at the national, state, and local levels.

In May 2005, NASAFACS initiated a project to update the national standards, utilizing a highly participatory process to collect recommendations from a wide variety of stakeholders. Over 1,000 reviewers, including FACS educators and subject matter specialists from all states along with representatives of external organizations, business and industry, agencies with direct connections, and other stakeholders, reviewed the National Standards and provided recommendations for the second edition. Workgroups chaired by NASAFACS leaders analyzed feedback to revise and update the standards and competencies to create the new National Standards for Family and Consumer Sciences Education, Sec-

National Standards for



ond Edition (NASAFACS 2008). The new National Standards, 2nd Edition reconfirms the Vision and Mission for Family and Consumer Sciences Education as the basis for Nationals Standards, continues the format that highlights competencies and process questions, and adds alignment with FCCLA programs, Career Clusters, and 21st Century Skills.

The National Standards for Family and Consumer Sciences Education, Second Edition (NASAFACS 2008) continues the proud tradition of providing the framework for national, state, and local programs that prepare students for family life, work life,

and careers in Family and Consumer Sciences by empowering individuals and families across the life span to manage the challenges of living and working in a diverse global society.

The new national standards can be viewed on the American Association of Family and Consumer Sciences (AAFCS) website at <http://www.aafcs.org/FCSstandards/>

The National Standards were developed by the National Association of State Administrators of Family and Consumer Sciences (NASAFACS) and Published in partnership with American Association of Family & Consumer Sciences (AAFCS).



Pearl Hart to Receive AAFCS Leader Award

The American Association of Family and Consumer Sciences has announced that **Pearl R. Hart** will receive their AAFCS Leader Award in June 2008 at their Annual Meeting and Exhibition in Minneapolis, Minnesota.

The Leader Award began with the AAFCS 75th anniversary in 1984 when it was established to identify and honor family and consumer sciences professionals who have made signifi-

cant contributions to the field through their involvement with AAFCS. It has been given annually since then.

Pearl is currently the Family and Consumer Sciences Specialist for the Utah State Office of Education. She has served on several AAFCS and UAFCS committees as well as President of UAFCS. She has also presented numerous educational sessions at the AAFCS and UAFCS Annual Meetings.

Pearl has worked as a teacher educator at Brigham Young University, as a FCS Extension Agent for Utah State University, and has taught FACS in the secondary school system.

Pearl willingly gives of her time and the sharing of her talents as she works to further the mission of family and consumer sciences. UAFCS congratulates Pearl on this honor and extends our appreciation to her for being a Leader among us.



Pearl R. Hart
2008 AAFCS Leader

Retirements

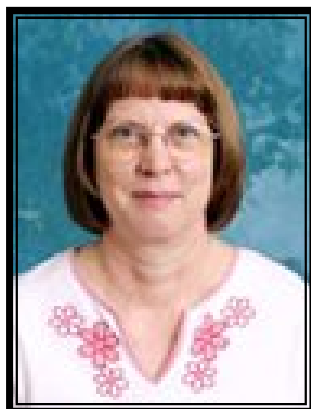


As new Family and Consumer Sciences graduates are looking for jobs and hoping to find a place to hang their shingle, other long-term professionals are contemplating taking their shingle down. As these professionals look to retirement with mixed emotions and excitement, those of us who have rubbed shoulders with them, know just how much they will be missed. No words we write can adequately express the tremendous contribution each of you have made to our profession. So, three cheers to you, you wonderful women!!!!

- **Judy Harris**, Utah State University Extension, Utah County.
- **Anne Worden**, Dixon Middle School, Provo District.
- **Susan Litchfield**, Brockbank Junior High, Granite District.
- **Helen Hancey**, Taylorsville High, Granite School District
- **Susan Schumacher**, Pleasant Grove High, Alpine District.
- **Mardene Fernandez**, Orem Junior High, Alpine District
- **Jane Persons**, Richfield High, Sevier District
- **Beth Bogedahl**, Wayne High, Wayne District
- **Jackie Dalley**, Beaver High, Beaver District
- **Heather Parsons**, Green River High, Emery District

UAFCS Member to Serve on AAFCS Council for Certification

Kathy Croxall, PhD, CFCS, a UAFCS Member and associate professor at Southern Utah University has been elected by the AAFCS membership to serve on the AAFCS Council for Certification. The Council for Certification oversees the governance of the "Certified in Family and Consumer Sciences" credential. Kathy will serve from June 2008—June 2011.



Utah Pro-Start Teacher of the Year

Susan Schumacher has been selected as the Utah Pro-Start Teacher of the Year by the Utah Restaurant Association. Susan, a Foods / ProStart teacher has taught Family and Consumer Sciences at Pleasant Grove High School in Alpine School District for 20 years. UAFCS Congratulates Susan on this honor and thanks her for her many years of service to our profession.





What Type of Sandwich: Traditional, Club or Opened Faced?

When I said, "I do," to my husband 35 years ago, my vision of our "Golden Years" was one of travelling the country visiting exciting places in a posh motor home. That idealistic vision was not remotely a part of reality as those years are approaching. I find myself sharing the responsibility of caring for my husband's 86 year old mother. In addition, my adult daughter is again part of our household after a bitter divorce. This family dynamic is no longer an exception; it is fast becoming a way of modern life. It is estimated that over 22.4 million households care for someone over 65 (Park, 2005). This phenomenon is known as "The Sandwich Generation" to those caught in the middle of a multigenerational household (Chisholm, 1999).

Carol Abaya, a nationally recognized expert on the Sandwich Generation, has categorized caregivers into three categories: Traditional Sandwich: those sandwiched between aging parents who need care and/or help and their own children, Club Sandwich: those in their 50s or 60s, sandwiched between aging parents, adult children and grandchildren, or those in their 30s and 40s, with young children, aging parents and grandparents, and Open Faced Sandwich: anyone else involved in elder care (Abaya, 2008)

Historically, this way of life is not new. During the formation of our country, the elderly and children lived and helped on the farm. Manpower was needed by all family members in order to survive economically. Today, with the financial challenges of a fragile economy, elders and children of middle-aged adults are returning home and relying on them for support. The contribution, economically and physically from all family members, is not reciprocal (Park, 2005; Riley & Bowen, 2005).

Numerous studies have surfaced identifying the challenges facing multigenerational families. Some of those challenges include: financial burdens, stress, depression and intergenerational conflict (Lingren & Decker, 1996; Ingersoll-Dayton, Neal, & Hammer, 2001; Nichols & Junk, 1997; Peterson, 2002). In addition, children are exposed to the difficulties of depression, troubled behaviors, and reduced functioning (Tebes, 1999).

As educators of FACS content area, it is becoming increasingly important to teach students those skills necessary to foster resiliency in the home. Financial, stress, and anger management strategies are crucial in helping families develop healthy multigenerational households. In addition, critical thinking skills such as, problem solving, using

good judgment, and decision making are vital components of planning for the future and becoming financially independent. Communication skills are crucial in maintaining healthful relationships.

As FACS educators in all aspects of the community, it is essential that we become resources for adult care givers. Seminars on caring for adult children and the elderly would be of great benefit. Some topics might include, nursing services that help with personal care and meal preparation, durable power of attorney, living trusts, joint bank accounts, testamentary wills, living wills, and, what help is available from aging services. In addition, resources that are available for financial assistance would be of great help to caregivers.

With the increase of multigenerational families, traditional families of the future may have to be altered to include elderly and adult children. It is certainly different from the family that was the norm 35 years ago. Today, the "Golden Years" may have to include a posh motor home with two more seats: one for grandma and one for daughter.

Submitted by—

Christine M Moore, PhD
Utah Association of Family & Consumer Sciences, Family Economics and Home Management Subject-matter Chair

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Utah Association of Family and Consumer Sciences Award Recipients



Mary Lou Seamons - Distinguished Service Award

Mary Lou Seamons is currently the Career and Technical Education Director for Davis School District. She taught FCS for over 20 years and was twice awarded Teacher of the Year. She enjoys giving support and help to teachers, and has sought and received funding for FACS programs. She has consistently been a great supporter of FACS and currently serves on the FCCLA Advisory Board. This award honors her for her many years of service to our profession. (And, we apologize for her fuzzy picture.)



Pearl Hart - Outstanding Leader Award

Pearl Hart has been involved with the FCS profession for the past 30 years. She has worked as a teacher educator, an extension agent, and is currently the FCS specialist for the Utah State Office of Education. She has also served as President of UAFCS and has presented at many state and national conferences. The Leaders Award honors her for her outstanding leadership service to our state.



Darlene Christensen

Outstanding FCS Professional in Extension

As an extension agent, Darlene continuously develops new curriculum and programs. She has written and received grant funding for new programs at the state and county level. She has written an outstanding nutrition program that is used in both Wyoming and Utah. Her audience attendance multiplies as word of her presentation skills spreads. She has a passion for the profession. This award honors her.



Sue Reber - Teacher of the Year Award

Sue Reber is the Foods and Teen Living teacher at Oak Canyon Junior High in Alpine School District. She graduated from Brigham Young University and began her teaching career at Tintic High School. She then took time out to be a full-time mother, returning to teaching again, ten years ago. She is a spectacular teacher who uses her talents to help her students achieve confidence and success. This award honors her for her achievements as an outstanding classroom teacher.

Utah Association of Family and Consumer Sciences Award Recipients



New Achiever Award - Carolyn Washburn

Carolyn is relatively new to the FCS profession, but an old hand at service and commitment to family and youth. Carolyn joined the profession when she was hired as the USU extension agent in Washington County in 2004. When she sees a need in the community, she works to fulfill it. She has organized and overseen a marriage coalition in Washington County. After floods hit her county, she was a leader in disseminating emergency preparedness information. She is well liked and respected by those she serves. We welcome her as a New Achiever in the Family and Consumer Sciences profession.



Friend to Family and Consumer Sciences Award

Melva Sine

As the President and Chief Executive Officer of the Utah Restaurant Association, Melva Sine is one of the key people in the implementation and success of the secondary education ProStart Program. ProStart is an industry based training program aimed at helping young people to prepare, not just for a job, but a career in the restaurant and food service industry. Last year, Melva lobbied the Utah State Legislature and received \$100,000 in funding for ProStart Programs in Utah. Melva is best known for her phrase; "No worries—Let's make it work." We thank her for being a friend of our profession.



Outstanding Undergraduate Students and Scholarship Recipients

Jeananne Lybbert, BYU; Stacy King, USU; Lindsay Shore, USU; Stephanie Judd, SUU; and Venessa Penrod, from Spanish Fork High, the Winnifred Jardine High School to College Scholarship.



Outstanding Graduate Student Award And Scholarship Recipient

Holly Weidhauer is a UAFCS member, a graduate student at Utah State University in FCS Education and Extension, and a FCS Teacher at East High in Salt Lake City School District. At East High School she teaches ARFR and Child Development.



Nominate Your Colleagues for an UAFCS Award

The UAFCS Awards Committee is seeking nominations for their 2008 UAFCS Awards.

Now that you have reviewed the awards given last year (on pages 15-16 of this newsletter), take some time to contemplate who among your colleagues deserves recognition.

UAFCS awards include the Distinguished Service Award, the Outstanding Leader Award, the Out-

standing FCS Professional in Extension Award, Teacher of the Year Award, the New Achiever Award, and the Friend to Family and Consumer Sciences Award. With the exception of the Friend to Family and Consumer Sciences Award, all nominees should be current AAFCS Members. Many award recipients become Utah's nominee for the corresponding AAFCS National Award the following year, provided the awardee submits the appropriate paperwork.

UAFCS also awards five scholarships to FCS students; one graduate scholarship, three undergraduate scholarships, and one high school graduating senior scholarship.

Nominations for these awards and scholarships should be submitted to the UAFCS Awards Committee. Contact:

Tracy Bradley at tracie.bradley@snow.edu, or **Sue Dalley** at sue.dalley@snow.edu.



Are you interested in becoming "Certified in Family and Consumer Sciences?" For more information contact: Marilyn Albertson, UAFCS Certification Chair at marilyna@ext.usu.edu

WHAT ARE YOU TEACHING YOUR FAMILY?



Submitted by:
Julie Wheeler, UAFCS Family Relations and Child Development Subject-matter Chair

As I was contemplating what to write in this article, I concluded that a little comic relief might be good. I googled jokes about families and found one I thought taught a good lesson.

"A father and son went fishing one day. While they were out in the boat, the boy suddenly became curious about the world around him. He asked his father, 'How does this boat float?'"

The father replied, 'Don't rightly know son.'

A little later, the boy looked at his father and asked, 'How do fish breathe underwater?'"

Once again the father replied,

'Don't rightly know son.'

A little later the boy asked his father, 'Why is the sky blue?'"

Again, the father replied. 'Don't rightly know son.'

Finally, the boy asked his father, 'Dad, do you mind my asking you all of these questions?'"

The father replied, 'Of course not, if you don't ask questions, you never learn nothin'.'"

We do not know the answers to all of life's questions! However, in our role as family and consumer sciences professionals and fam-

ily members, it is important to constantly be learning and sharing that knowledge with others. Make it a point to learn something new and share it daily with others, especially with your family.

Consider sharing something about yourself that other family members do not know—tell a story from your childhood, make your favorite meal, or share other information that will help you bond as a family unit. With technology gadgets consuming more and more of our time, remember that nothing is as effective as one-on-one time with a family member. And, don't forget to take time, to strengthen your family unit, TODAY!

Becky Cox — Serving Family and Consumer Sciences at the National Level

Becky Cox, Family and Consumer Sciences Department Chair at Lone Peak High School has been serving this past year on the Board of Directors for The Association of Career and Technical Education (ACTE). ACTE's leadership is elected by the members of their association. Board officers includes a president and one vice-president from each of ACTE's Divisions. Becky was elected as the vice-president to represent nationally the Family and Consumer Sciences division.

Of her involvement in ACTE Becky said, "Ten years ago I began my leadership experience as the President of the Family and Consumer Sciences Division in the Utah Association of Career and Technical Education. Who knew that ten years later I would be serving as the FACS Vice President of ACTE. This has

been an incredible journey and I have learned so much along the way.

As I have participated at the national level for many years, I have had the opportunity to learn about Family and Consumer Sciences programs around the country. I have learned that we are not so very different from each other nationally. The passion and drive we have for Family and Consumer Sciences in Utah exists nationwide as well. Some FACS programs have different names or different looks, but the foundation and fundamentals are the same. I have also learned that in most CTE areas, especially in Family and Consumer Sciences, Utah is at the head of the pack. Our Standards and Objectives and Skills Testing are tops in the nation and our Utah Education Network (UEN) website is talked about and used by FACS

professionals nationwide. I am proud to be an educator in Utah and proud to represent FACS nationally.

I will forever be grateful to a colleague who asked me to step up and become professionally involved. I would encourage each of you to do the same. It will make a difference in your life, in the lives of your students, and in FACS programs locally and nationally. You can make a difference, if you will choose to be involved."

With leadership like Becky's at the helm of our profession, we are in good hands. The Utah Association of Family and Consumer Sciences (UAFCS) joins with the Utah Association of Teachers of Family and Consumer Sciences (UATFACS) in expressing our support and appreciation to Becky for her service and leadership to our profession.



"I will forever be grateful to a colleague who asked me to step up and become professionally involved. I would encourage each of you to do the same."

Proposed Funding Cuts for Family and Consumer Sciences

On February 4, 2008, the White House unveiled its Fiscal Year 2009 budget request. Within the \$59.2 billion proposal for education, the President proposed to eliminate funding for Career and Technical Education (CTE). By eliminating CTE funding, Family and Consumer Sciences and its student organization

FCCLA would be severely impacted. State and local budgets would have to adjust their budgets to accommodate the federal shortfall.

In mid-March, Senators Durbin (D-IL), Collins (R-ME) and Clinton (D-NY) circulated a "Dear Colleague" letter throughout the Senate, which requested

not only restoration of the funds but an increase in funding for Perkins Career and Technical Education (CTE) Fiscal Year (FY) 2009 appropriations. The Senate "Dear Colleague" letter was open until Friday, March 28, 2008.

For updates on this issue check the AAFCS and ACTE websites at www.aafcs.org and www.acteonline.org



WANTED!

New UAFCS Board Members!

The UAFCS Nominating Committee is seeking nominations for the 2008 UAFCS ballot. UAFCS members (or potential new members) willing to serve on the UAFCS Board in 2008 through 2010 are eligible for nomination. UAFCS Board Positions available this year include:

- **President-elect**
- **Vice-president of Work-elect**
- **Vice-president of Membership**
- **Foods and Nutrition Chair**
- **Housing and Interior Design Chair**
- **Family Economics and Home Management Chair**
- **Nominating committee (2 positions)**

If you are interested in being considered for one of these positions or believe in a colleague who you know would do a great job, please email your recommendations to a member of the current UAFCS Nominating Committee.

They are:

Ann Sorensen:

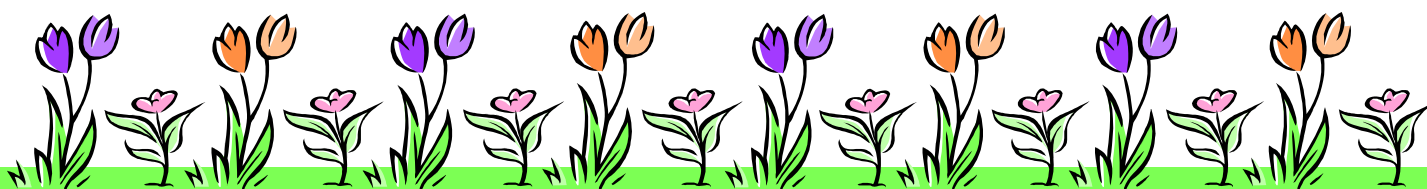
ann.sorenson@granite.k12.ut.us

Julie Ingersol:

juliei@ext.usu.edu

Rea Gubler:

gubler@suu.edu



FACS Professional Receives UACTE Service Award



Terry Price received this year's **Outstanding Service Award** from the Utah Association of Career and Technical Education (UACTE), at their

Winter Conference, at Utah Valley University, in Orem, Utah. The purpose of this award is to recognize educators who have made the highest meritorious contributions to the improvement, promotion, development, and progress of career and technical education.

Terry has been employed in the Jordan School District for 29 years as a Family and Consumer Sciences Teacher, Career and Technical Education (CTE) Coordinator, then CTE Specialist, and is currently the CTE Consultant. She is a key person in Career and Technical Education in the Jordan School District as well as being a key influence throughout the State of Utah.

Terry is a teacher advocate and is always working to help improve classroom programs. She is a strong advocate of student organizations and is always encouraging student involvement. Terry has served in numerous professional organizations, including the National FCCLA Board. She has received numerous local, state, and national awards with an ultimate honor of being the National CTE Family and Consumer Sciences Teacher of the Year.

UAFCS applauds UACTE's recognition of Terry Price's outstanding service accomplishments.



April is Financial Literacy Month



April is **Financial Literacy** Month and Utah's Family and Consumer Sciences professionals have done many things in our state in recent years to promote Financial Literacy.

Judy Harris, retiring Utah County, Utah State Extension Agent along with her colleagues developed the **Power Pay** Program, helping debtors to become savers. Power Pay is software that teaches families to eliminate debt faster through power payments. The program is now a nationwide cooperative extension system program. For access to the software and for more information go to:

<https://powerpay.org/>

Utah Saves is a local offshoot of the America Saves campaign, a coalition of nonprofit, corporate and government groups encouraging people to save money and build wealth. Most people spend 10 percent more per month than they make. Utah

Saves attacks this problem by giving people the tools to achieve personal savings goals and eventually become financially independent. The Utah Saves campaign principles are taught and supported by the Utah Cooperative Extension System and Utah High School FCCLA Chapters. **Ann House**, is the Utah State University Extension Statewide Coordinator for Utah Saves. For more information on Utah Saves, go to <http://www.utahsaves.org/>

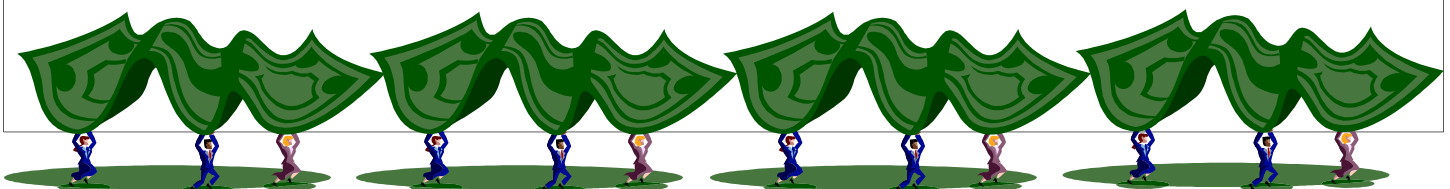
Financial Literacy is now a semester long, core high school graduation requirement in Utah. Including financial literacy in the core curriculum was a bold move provided by State Bill 154 and the Utah State Board of Education to help Utah's youth prepare for the choices and challenges of today's financial markets. A better understanding of personal finance will help students move into adulthood

making more informed monetary decisions, realizing a greater potential for personal wealth, and fostering a stronger state and national economy. The Utah Financial Literacy course is taught by many of our family and consumer sciences secondary teachers. For more information, go to: http://www.uen.org/financial_lit/index.html

The mission of the **Utah Jump\$tart Coalition** is to strengthen and improve the personal financial literacy of Utah's youth. Many FACS professionals participate with the Utah Jump\$tart Coalition. Their purpose as a coalition is to correlate, disseminate and encourage the use of personal financial curriculum for all grades, beginning with kindergarten and extending into Utah's universities and colleges. They are a great support to financial literacy efforts in our state. For more information, go to: <http://www.utjumpstart.org/index.cfm>

Utah State University Family and Consumer Sciences Extension Agents **Teresa Hunsaker** and **Marilyn Albertson** help families along the Wasatch Front to understand the fundamentals in purchasing a home through their **Home Buyer Education Program** and now, also offer the program online, to others throughout the state. The program gives potential home buyers necessary tools to be educated consumers as they find a home that fits their needs and budget. Six lessons empower buyers by teaching key points of home finance, the laws involved, and the loan process. For more information go to: <http://extension.usu.edu/hbe/>

Additionally, all education programs in Family and Consumer Sciences at both the secondary and post-secondary level help to mitigate financial challenges as we teach families to manage various temporal aspects of the home.





2008 Interior Design Trends

Submitted by: Teresa Hunsaker, UAFCSC
Housing and Interiors Subject-matter Chair
Sources: Debbie Zimmer—Interior Decorator
Pamela Smith—Interior Decorator—PSRedesign

In reviewing a number of websites and interior decorating magazine articles, four main trends and a few key color palettes are prevalent this year. When doing any major interior overhaul remember that “trends” come and go. Build your environment around a core of timeless pieces that can be refreshed and updated with current trends of inspiration. Here are some of the trends we are seeing in 2008.

Simple and Sophisticated

Stay away from gaudy and overdone. Luxury no longer means more, but rather simple and concise. 2008 decorating styles feature simple statements that enhance the feeling of tranquility. Creating a harmonious atmosphere that inspires peace is also a very popular trend this year. Homes are becoming more than just a dwelling. They should inspire a sense of sanctuary. Keep in mind, simplicity is not minimalism; it is simple and relaxing, not cluttered and chaotic. Use artwork that calms, but is not lifeless; everything from landscapes to abstracts should gently inspire, not confuse and complicate.

Natural Inspiration

The natural look of wood, metal and other elements found throughout nature is huge for 2008. Look for gentle greens, earthy browns, rustic silvers, brushed coppers, sky blues, golden yellows and other nature-inspired colors that will add warmth to your interior decor. Look for artwork that pairs the earth-inspired colors with a darker natural touch; artwork that features soft subtle colors accented with dark, woody and metallic looking frames.

Go Green

Green may just become the newest “neutral” color. Eco-friendly and green are words that penetrate our lives. In 2008, the focus is on natural, organic and recycled products and materials. Designers are paying attention to nature as they make interiors elegant, stylish, and beautiful. Green as a subtle backdrop represents the growing environmental movement. Mid-tone hues of fern, palm, pine, and sage used on their own or coupled with clear blue or aqua will create a living space that provides a sense of outdoor-friendly living. Sandy tan and adobe brown can be intermingled to complete the earthy and eco-friendly feel. While suitable for all areas of the home, these combinations are an especially good choice for bathrooms, kitchens, and family living spaces.

Contrasting Colors

Look for colors that complement each other in a distinct way. Be careful though not to go overboard with too many colors that would distract more than attract. A delicate balance provides a striking appearance. Softer hues of white and ivory contrasted with rich tones and bright accents. Think soft colors with timely bursts of flare; Asian influences will permeate the color combinations throwing in bright reds, oranges and yellows amongst the darker, softer and muted hues.

Sophisticated Elegance

Black and white paint hues will enhance opulent living spaces filled with accessories, lighting, mirrors and rich fabrics. Silver metallics and high sheen finishes along with rich textures benefit from the sophistication of this striking palette. For an unexpected color punch, add hues such as dramatic red or maintain the room's classic undertones with subtle pink or taupe. Dramatic and sophisticated, black and white is becoming the backdrop of choice for glamorous spaces. Master bedroom suites and living rooms are two of the spaces that can benefit from sophisticated elegance.

Texture

The ability to feel what you see is an important trend for interior decor in 2008. Mixing textures enhances the visual impact and adds a sense of completeness to other popular interior decorating trends. Think contrasting natural colors and textures that add luxury in a very dramatic way. Look for wrapped or framed canvas artwork that enhances not only your walls but also your entire interior decor.

Crewel Colors

Many consumers continue to strive for simplicity in their overloaded technology-driven lifestyles and seek a return to a gentler way of life. The crewel color palette reflects consumers returning interest in crafts, home cooking, and family focused activities. These hues include burnt orange, cranberry red, and jewel tones of amber, amethyst, ruby red, deep sapphire blue, and emerald green. These colors add a soulful and personalized feel to any space. They provide a sense of security and stability. The rich cranberry reds, warm browns, and pumpkin orange help to create a nurturing and caring environment. Mix in deep-toned blue for added richness. Crewel colors remain an excellent choice for kitchen or dining areas and can be especially warming in family living spaces.

Annual Nutrition & Food Science Workshop



Tuesday, June 10, 2008
8:30 am — 4:30 pm
Davis High School
352 South Main, Kaysville, Utah
\$15 Registration Cost

To Register:

Call 801-487-9976, or

Email: info@UtahDairyCouncil.com

The goal of the Annual Nutrition and Food Science Workshop is to provide teachers with:

- 1) Current nutrition research; and,**
- 2) Nutrition teaching resources.**

To better accommodate these goals, the format of this year's nutrition workshop will be different. The one-day workshop will feature industry tours, nutrition research update, nutrition teaching resources, and an orientation to "learn and earn" university credit.

Additional nutrition classes associated with the Nutrition and Food Science Workshop will be incorporated in the FACS Summer Conference during the following two days. Presentation materials will be posted on the Dairy Council of Utah website for download during the coming year.



Individuals who attend the one-day workshop on June 10, will receive 9 licensure points or .5 USOE credit. During the workshop, participants wishing to do so may register for university credit from USU. Credit will vary from 1-3 hours and will be explained further during the workshop as a new "learn and earn" opportunity.

If you have questions, please contact Becky Low at the Dairy Council of Utah (801) 487-9976 or at: BeckyL@UtahDairyCouncil.com

Utah State Office of Education, Career and Technical Education

Family and Consumer Sciences Summer Conference



June 11-12th, 2008
Davis High School
325 South Main, Kaysville, Utah

Guest Speakers

Marianne Neifert, M.D.

Better known as Dr. Mom®

A well known pediatrician and recovering “Superwoman”

A. Lynn Scoresby, Ph.D.

Well-known Family and Human Development
Speaker and Author

100 Educational Sessions

For Registration Information, the
complete Conference Schedule, Quilt Show,
Vendor Exhibit, and Lodging Information go to:

<http://sail2.ext.usu.edu/cte/>

Register Early! - Early registration fee (received
at USU before May 5, 2008): \$35. Late registration
fee (received at USU after May 5, 2008): \$40.





Family and Consumer Sciences Schedule of Events



- **April** is Financial Literacy Month.
- Adult Roles Curriculum Update for ARR/ARFL high school teachers in the Southwest Region, **April 3, 2008** Southern Utah University
- FACS Teacher Conference for Secondary Teachers in the Utah Southwest Region, **April 3, 2008** Southern Utah University.
- 4-H State Leader-mete, **April 10-12th, 2008** Price, UT.
- FCCLA New State Officer / Advisor Retreat, **April 18-19th, 2008**, Cotton-tree Inn, Bountiful, Utah
- ProStart National Student Invitational Competition, **April 24-26th, 2008**, San Diego, CA



- FCCLA Advisory Board Meeting, **May 9th, 2008**, Mountainland Applied Technology College, Orem, UT



- Nutrition and Food Science Conference, **June 10th, 2008**, Davis High School.
- FACS Summer Conference, **June 11-12th, 2008**, Davis High School.
- ARR/ARFL Curriculum Inservice, **June 13th, 2008**, Davis High School.
- FEFE (Family Economics and Financial Education) National Training, **June 16-19th, 2008**, Tucson, AZ

- AAFCS 99th Annual Meeting and Expo, **June 19th-22nd, 2008**, Milwaukee, WI



- 12th Annual Smart Marriages Conference, **July 2-5, 2008**, San Francisco, CA
- FCCLA National Leadership Convention, **July 13-17th, 2008**, Orlando, FL
- 4-H State Contests, **July 14-16th, 2008**, Utah State University.
- County Fairs for FCS Extension Professionals, **July 2008**.



- County Fairs for FCS Extension Professionals, **August 2008**.

- ProStart Teacher Training, **August 2008**, location and date TBA
- New CTE Intro Teacher Training, **August 7-8th**, Jones Center, 362 East 3605 South, SLC, UT



- Extension Galaxy III Conference, **September 14-18th, 2008**, Indianapolis, IN



- UAFCS Annual Meeting and AAFCS Centennial Celebration, **November 7-8th, 2008**, Thanksgiving Point, Lehi, UT





Newsletter Editor
Maribeth C. Clarke, PhD, CFCS

Questions or Comments, Email:
UAFCSnewsletter@Gmail.com

The content of this newsletter is intended for educational and information purposes only. Those who have submitted articles are solely responsible for the content contained therein. Efforts have been made to credit appropriate sources used. Omission of credit, where credit should be given is not intentional.



**Utah Association of Family and
Consumer Sciences**

**UAFCS is on the
web at:
<http://www.uafcs.org>**

The Utah Association of Family and Consumer Sciences (UAFCS) is a state affiliate of the American Association of Family and Consumer Sciences (AAFCS). AAFCS was founded in 1909. UAFCS is a non-profit professional organization whose purpose is to improve the quality of individual and family life. The AAFCS is the only national organization representing family and consumer sciences professionals across practice areas and content specializations.

Members of the Utah Association of Family and Consumer Sciences represent a comprehensive cross section of the family and consumer sciences profession. Opportunities for involvement in the association occur at the national and state levels, as well as with colleagues in professional sections and subject-matter oriented divisions.

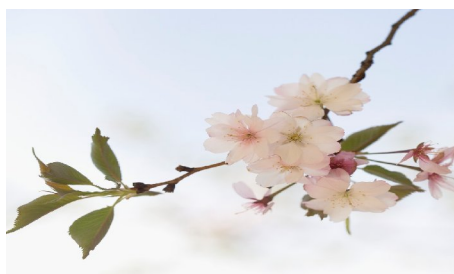
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VP of Work Elect: Ann House
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Family Ec & Home Mgt: Chris Moore
Fam Rel & Ch Dev: Julie Wheeler
Food & Nutrition: Artis Grady
Housing & Int Design: Teresa Hunsaker



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Scholarships & Awards: Sue Dalley
Research Journal Editor: JoAnne Roueche
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Nominating Committee: Rea Gubler
Nominating Committee: Ann Sorenson

If you are not a member of AAFCS and you have a college degree in an area related to Family and Consumer Sciences, we encourage you to look at the benefit of becoming a member. For more information see: <http://www.aafcs.org/membership/benefits.html>